

# Noninvasive in vivo model demonstrating the effects of autonomic innervation on pancreatic islet function

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The autonomic nervous system is thought to modulate blood glucose homeostasis by regulating endocrine cell activity in the pancreatic islets of Langerhans. The role of islet innervation, however, has remained elusive because the direct effects of autonomic nervous input on islet cell physiology cannot be studied in the pancreas. Here, we used an in vivo model to study the role of islet nervous input in glucose homeostasis. We transplanted islets into the anterior chamber of the eye and found that islet grafts became densely innervated by the rich parasympathetic and sympathetic nervous supply of the iris. Parasympathetic innervation was imaged intravitally by using transgenic mice expressing GFP in cholinergic axons. To manipulate selectively the islet nervous input, we increased the ambient illumination to increase the parasympathetic input to the islet grafts via the pupillary light reflex. This reduced fasting glycemia and improved glucose tolerance. These effects could be blocked by topical application of the muscarinic antagonist atropine to the eye, indicating that local cholinergic innervation had a direct effect on islet function in vivo. By using this approach, we found that parasympathetic innervation influences islet function in C57BL/6 mice but not in 129X1 mice, which reflected differences in innervation densities and may explain major strain differences in glucose homeostasis. This study directly demonstrates that autonomic axons innervating the islet modulate glucose homeostasis.

diabetes | beta cell | alpha cell | insulin | glucagon

The autonomic nervous system is generally thought to modulate pancreatic islet hormone secretion to adjust glucose homeostasis in response to food intake or stress (1, 2). The overall effect of parasympathetic stimulation is an increase in insulin secretion (3–8), whereas the net effect of sympathetic stimulation is a lowering of plasma insulin concentration (9–13). In most examined species, the pancreatic islet is richly innervated by autonomic axons (1, 14–17), but the role of direct autonomic input to the islet is unclear because the autonomic nervous system may use several other mechanisms to influence glucose homeostasis. Experimentally, it is not easy to distinguish the effects autonomic activation elicits locally in the islet from those it elicits in other organs, which can indirectly affect islet function (e.g., incretin secretion from the intestine or activation of the adrenal medulla). Achieving selective stimulation of the pancreatic innervation is difficult and invasive, as it requires electrical activation of the mixed autonomic nerves along a pancreatic artery while blocking the joint preganglionic cholinergic nerves (10, 11), but even this approach may not stimulate exclusively axons innervating the islet. Because it has not been possible to dissociate the neural effects on islet function from other confounding effects, the role of autonomic innervation of the islet has not been defined.

Three formal criteria are used to confirm that a substance serves as neurotransmitter between an axon and an effector cell:

(i) it is present in the axon, (ii) it is released from the axon, and (iii) specific receptors for the substance must be present on the effector cell (18). For parasympathetic, cholinergic innervation of the mouse islet, these criteria have been partially met.  $\beta$ -Cell-specific genetic deletion of muscarinic receptors demonstrated that activation of muscarinic receptors exerts a strong influence on  $\beta$ -cell function that is critical for maintaining glucose homeostasis (19). Recently, we established that axons expressing cholinergic markers contact  $\alpha$ - and  $\beta$ -cells in the mouse islet (20). However, it has not been demonstrated that stimulated parasympathetic axons release acetylcholine and affect cells in the islet. The experimental approach used in most studies in which the vagus nerve is stimulated and cholinergic antagonists are applied exogenously can influence multiple organs and may affect glucose homeostasis indirectly (16). Thus, criterion ii has not been met, and it is very likely that selective stimulation of parasympathetic axons in the islet and measurement of its effects on islet cell function cannot be accomplished in the pancreas in vivo.

Our strategy was to transplant islets into a site that allows local and noninvasive manipulation of autonomic input while islet cell function can be monitored. We hypothesized that our experimental platform in which islets are transplanted into the anterior chamber of the eye for functional imaging (21, 22) could also be used to study the role of islet innervation. After transplantation, noradrenergic and cholinergic nerve axons from the iris innervated intraocular islet grafts in patterns reflecting those of the islets in the pancreas. Autonomic input to the islet could be specifically activated via the pupillary reflex by changing ambient illumination (23, 24). Islet graft responses to nervous input could be manipulated with topical drug application via eye drops. We were able to determine that nervous input is important for islet function in C57BL/6 mice but less so in 129X1 mice. Our results demonstrate that the autonomic input to intraocular islet grafts can be modulated noninvasively and locally to study the effects of islet innervation on glucose homeostasis.

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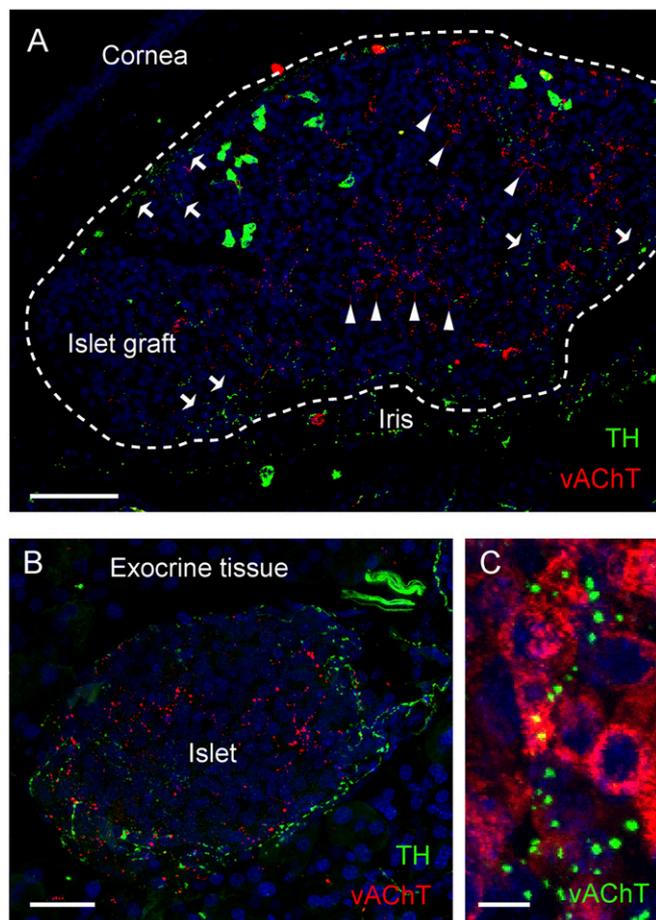
Conflict of interest statement: P.-O.B. is the founder and member of the board of the biotech company Biocrine AB, which will use the anterior chamber of the eye as a commercial servicing platform. I.L. is involved in the commercialization of and A.C. holds a patent on this platform.

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**Fig. 1.** Mouse pancreatic islets of Langerhans transplanted into the anterior chamber of the mouse eye are reinnervated. (A) Maximal projection of a Z-stack of confocal images of intraocular islet grafts 90 d after transplantation shows sympathetic and parasympathetic axons immunoreactive for TH (green) and vAChT (red), respectively. Arrows and arrowheads, respectively, point at sympathetic and parasympathetic axonal terminal fields. Islet graft is outlined. (B) Maximal projection of a Z-stack of confocal images of a pancreatic section shows the distribution of TH and vAChT immunoreactive axons in the mouse islet. (C) High-magnification Z-stack of confocal images of vAChT axonal varicosities (green) closely apposed to  $\beta$ -cells stained for insulin (red). Shown are maximal projections of Z-stacks of confocal images (Z-depth, 38  $\mu$ m; Z-step, 0.7  $\mu$ m). (Scale bars: A, 50  $\mu$ m; B, 20  $\mu$ m; C, 5  $\mu$ m.)

## Results

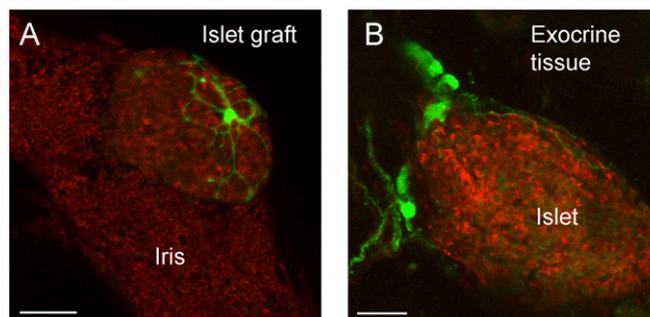
**Intraocular Islet Grafts Are Innervated.** Islets from C57BL/6 mice were transplanted into the anterior chamber of the eye of C57BL/6 mice as previously described (21, 22). Islets engrafted on the iris and retained their cell composition and shape (22). Immunohistochemical staining of intraocular islet isografts 90 d after transplantation showed innervation by sympathetic and parasympathetic axons immunoreactive for tyrosine hydroxylase (TH) and for vesicular acetylcholine transporter (vAChT), respectively (Fig. 1A). Sympathetic and parasympathetic innervation densities were similar to those observed in islets in the pancreas (Fig. 1B). Importantly,  $\beta$ -cells in intraocular islet grafts were innervated by parasympathetic axons (Fig. 1C), as they are in the native pancreas (20).

As early as 3 d after transplantation, a few projections of TH and vAChT immunoreactive axons of the iris could be seen close to the islet grafts (Fig. S1). The time course of sympathetic reinnervation paralleled that of revascularization (Fig. S1). At

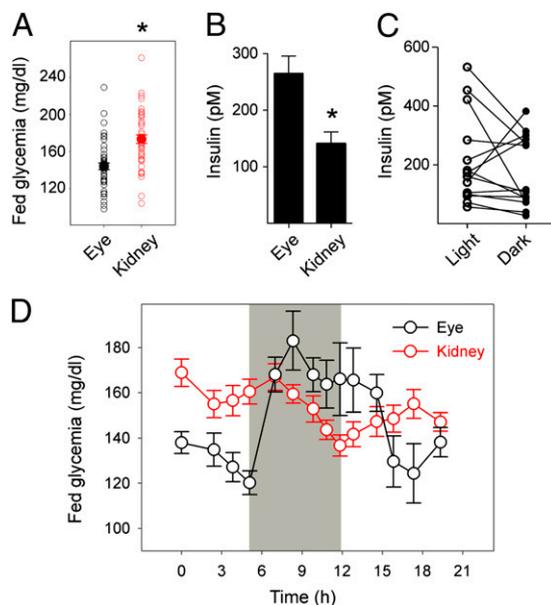
day 15, axons could be seen inside the islet grafts, mostly in close association with blood vessels (Fig. S1). Between days 15 and 30, the number of axons along blood vessels increased (Fig. S1). After 30 d, axons could be seen in the islet parenchyma, gradually increasing their density and complexity to reach a plateau by  $\sim$ 90 d. Parasympathetic axons innervated the islet graft following a similar pattern, first present along vessels and later also in the parenchyma, but with slower kinetics, as very few axons could be seen in the islet graft before day 30 (Fig. S1).

**In Vivo Assessment of Parasympathetic Fibers.** Histological studies can provide snapshots of innervation, but to understand the dynamic processes of reinnervation and structural adaptation during pathophysiological conditions, in vivo experiments are indispensable. To assess the feasibility of imaging islet innervation in vivo, we transplanted islets into the eyes of transgenic mice with the endogenous choline acetyltransferase (ChAT) transcriptional regulatory elements (cholinergic gene locus) driving EGFP expression (25). After engraftment, in vivo imaging showed GFP labeled neuroinsular complexes associated with islets in the anterior chamber of ChAT-GFP mice (Fig. 2A). These cholinergic neurons extended processes along the surface of the islet graft. A similar innervation pattern was observed for pancreatic islets in situ (Fig. 2B) (20).

**Noninvasive Manipulation of Parasympathetic Input to Islet.** We have previously shown that transplantation of pancreatic islets into the anterior chamber of the eye reestablishes normoglycemia in diabetic mice, which then respond appropriately to glucose challenges (22). Because islet grafts take over control of glucose homeostasis in these mice, glycemia can be used as readout for islet function. A striking feature of innervated tissue grafts in the anterior chamber of the eye is that their autonomic input can be regulated by light via the pupillary light reflex (23, 24). Stimulation with light increases cholinergic input to the iris to constrict the pupil, whereas noradrenergic axons are activated in the dark to dilate the pupil (26). We found that mice with intraocular islet grafts had consistently lower fed (nonfasting) glycemia than matched mice with the same amount of islets transplanted under the kidney capsule (Fig. 3A). Insulin and glucagon plasma concentrations were higher in mice with intraocular grafts (Fig. 3B and Fig. S2). We hypothesized that the lower fed glycemia and increased hormone secretion in mice with intraocular islet grafts were caused by stronger parasympathetic input during ambient light conditions. To test this hypothesis, we exposed mice with islet grafts to different light



**Fig. 2.** In vivo imaging of islet innervation. (A) In vivo imaging of an intraocular islet graft 7 mo after transplantation into a mouse expressing GFP in cholinergic neurons (Materials and Methods). A cholinergic neuron (green) can be seen extending processes around the islet graft (backscatter image shown in red). (B) GFP labeled neurons (green) are seen associated with an islet (red) in a pancreatic slice. Shown are maximal projections of Z-stacks of confocal images (Z-depths, 104  $\mu$ m in A; 102  $\mu$ m in B; Z-step, 2  $\mu$ m). (Scale bars: 50  $\mu$ m.)



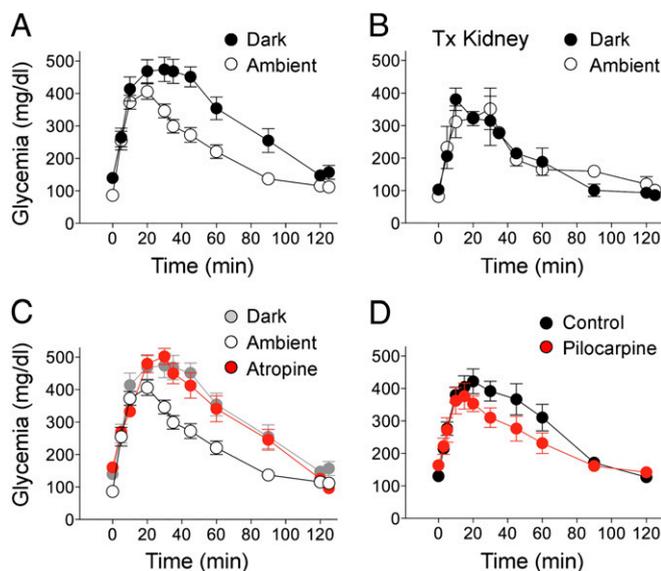
**Fig. 3.** Modulating nervous input to the iris via the pupillary light reflex affects glycemia in mice with intraocular islet grafts. (A) Fed glycemia values of mice rendered diabetic with streptozotocin and transplanted with islets into the anterior chamber of the eye or under the kidney capsule. Values were obtained >2 mo after transplantation ( $n > 10$  mice per group;  $*P < 0.05$ , Student  $t$  test). (B) Insulin plasma concentrations of mice shown in A ( $*P < 0.05$ , Student  $t$  test). (C) Insulin plasma concentrations in mice with intraocular islet grafts measured in ambient light and dark conditions. (D) Glycemia readings for mice with intraocular islet grafts (eye; black symbols) or under the kidney capsule (kidney; red symbols) under ambient light after being placed in the dark (period indicated in gray) and after return to ambient light.

conditions and found that, when fed mice bearing intraocular islet grafts were changed from ambient light (~500 lx) into darkness (~1 lx), insulin secretion decreased in 11 of 14 mice (Fig. 3C) and glycemia increased correspondingly (Fig. 3D). Glycemia reached levels similar to those in mice transplanted with islets under the kidney capsule (Fig. 3A and D), indicating that exposure to light chronically decreased glycemia in mice with intraocular islet grafts. That mice transplanted under the kidney capsule did not exhibit light-induced changes in glycemia confirms that the effects were specific for intraocular islets. Placing mice with intraocular grafts back in ambient illumination lowered glycemia again (Fig. 3D).

The effect of light on islet function was further studied by performing i.p. glucose tolerance tests (GTTs). Glucose excursions were significantly larger in the same mice when the test was performed in the dark compared with ambient light, indicating that glucose tolerance was impaired by reducing illumination in recipients of intraocular islet grafts (Fig. 4A). Applying the muscarinic antagonist atropine to transplanted eyes in ambient light conditions significantly impaired glucose tolerance to levels similar to those obtained in darkness (Fig. 4C). These results indicate that the effects of changes in illumination were mediated by cholinergic input to the islet. In line with this notion, topical application of pilocarpine, a muscarinic agonist, improved glucose tolerance (Fig. 4D). Illumination or topical application of cholinergic drugs did not affect glucose tolerance in mice bearing islet grafts under the kidney capsule (Fig. 4B) or in nontransplanted mice (Fig. S3), indicating that local manipulation of the eye did not have systemic effects.

**Noninvasive Manipulation of Parasympathetic Input Reveals Major Differences in Role of Innervation in Different Mouse Strains.** Insulin signaling and glucose homeostasis depend strongly on the

genetic background of the mouse model (27, 28). In particular, the glucose threshold for the first phase of glucose-stimulated insulin secretion is higher in 129X1 mice than in C57BL/6 mice (27). We found that the innervation density of vAChT immunoreactive axons in islets of C57BL/6 mice was higher than that in islets of 129X1 mice (Fig. 5A, C, and E), and, thus, differences in parasympathetic innervation and cholinergic input may contribute to the shift in the sensitivity to glucose. To test this hypothesis, we transplanted islets isolated from C57BL/6 or 129X1 mice into the anterior chamber of the eye of athymic Nude-Foxn1nu (nude) mice. Transplanted mice had insulin levels and glucose excursions during i.p. GTTs (dark light conditions) that were similar to those of the donor mice (Fig. 5F and H and Fig. S4). C57BL/6 mice and nude mice transplanted with islets from C57BL/6 mice showed larger glucose excursions than 129X1 mice, and nude mice transplanted with islets from 129X1 mice (Fig. 5G and I and Fig. S4). These data indicate that the differences in insulin levels and glucose excursion were transferred with the transplanted islets. The innervation densities of vAChT immunoreactive axons in the intraocular grafts also mirrored the differences observed in the pancreas of the donor mice (Fig. 5). Few axons could be seen in islets grafts from 129X1 mice (Fig. 5B, D, and E). The glucose excursion decreased with enhanced illumination in mice transplanted with C57BL/6 islets but not in mice transplanted with 129X1 islets (Fig. 5G and I). Because C57BL/6 and 129X1 islets respond similarly to 11 mM glucose in vitro (27), it



**Fig. 4.** Noninvasive manipulation of the nervous input to intraocular islet grafts modulates islet function. (A and B) Glucose excursion during i.p. GTTs performed in the dark (solid symbols) or ambient light (open symbols) in mice transplanted in the eye (A) or under the kidney capsule (B). Values were obtained >2 mo after transplantation ( $n = 8$  mice in A,  $n = 3$  mice in B). Differences in glucose excursion were significant in A (repeated-measures ANOVA,  $F = 15.4$ ,  $P < 0.001$ , followed by Tukey multiple comparison test,  $P < 0.05$ ), but not in B. (C) Glucose excursion during i.p. GTTs performed in ambient light (black symbols) or in ambient light after topical application of the muscarinic receptor antagonist atropine (red symbols). Longitudinal results from the same group of mice are shown in A and C (glucose excursion in the dark is shown in light gray symbols). Differences in glucose excursion were significant in A (repeated-measures ANOVA,  $F = 15.4$ ,  $P < 0.001$ , followed by Tukey multiple comparison test,  $P < 0.05$ ). (D) Topical application of the muscarinic agonist pilocarpine reduces the glucose excursion during an i.p. GTT (red symbols). PBS solution was applied to the eyes of control mice (black symbols). Pilocarpine significantly reduced glucose excursion ( $n = 6$  mice; paired Student  $t$  test,  $P < 0.05$ ).



cells and exploring their effects with our model could clarify how the innervation process is regulated.

Given that the innervation of human islets is quantitatively and qualitatively different from that of mouse islets (20), these studies could also be extended to investigate the role autonomic innervation plays in human islet cell function. Sympathetic axons preferentially innervate smooth muscle cells of the islet vasculature within human islets (20), and this innervation pattern is reproduced after transplantation into the eye. This suggests that the autonomic input changes vascular diameter to regulate blood flow locally, thus indirectly altering islet hormone secretion into the circulation. Because we can monitor blood flow in intraocular human islet grafts in real time, changes in vascular perfusion of the islet can be measured in response to activation of sympathetic axons in the eye. These studies will help determine the effector mechanisms used by autonomic axons to regulate human islet function.

Our study shows that intraocular islet transplantation is a versatile approach. In contrast to other approaches, our method enables noninvasive, local, and selective manipulation of the nervous input to transplanted islets while metabolic function is recorded locally or systemically in real time or longitudinally. Our approach can thus be used to investigate pathophysiological changes associated with diabetes and thereby clarify the molecular and cellular mechanisms leading to diabetic neuropathy.

## Materials and Methods

**Islet Isolation.** All animal procedures were performed under protocols approved by the University of Miami Institutional Animal Care and Use Committee. Donor C57BL/6 or 129X1 mice were humanely killed by exsanguination under general anesthesia. Mouse islet isolation was performed by using collagenase digestion followed by purification on density gradients (47).

**Islet Transplantation into Anterior Chamber of Mouse Eye.** Thirty to 300 isolated islets were transferred from culture media to sterile PBS solution and aspirated into a 27-gauge eye cannula (27-gauge anterior chamber cannula; Katena) connected to a 1-mL Hamilton syringe (Hamilton) via 0.4-mm polyethylene tubing (Portex). C57BL/6 mice were anesthetized with ~2% isoflurane (vol/vol). Eyes were kept humidified (ophthalmologic eye drops) to avoid drying of the cornea. Under a stereomicroscope, the cornea was punctured close to the sclera at the bottom part of the eye with a 31-gauge insulin needle. Using the needle, we made a small radial incision of approximately the size of the eye cannula (~0.5 mm). For this incision, the needle was barely introduced into the anterior chamber, thus avoiding damage to the iris and bleeding. The blunt eye cannula was then gently inserted through this incision, first perpendicular to the surface of the cornea and then parallel to the cornea. When the cannula had been stably inserted into the anterior chamber, the islets were slowly injected in a 10- $\mu$ L volume of sterile saline solution into the anterior chamber, where they settled on the iris. After injection, the cannula was carefully and slowly withdrawn (1 min) to avoid islets from flowing back through the incision. After awakening, mice were put back in the cages and monitored until full recovery, and observed daily thereafter. Analgesia was obtained after surgical procedures with buprenorphine (0.05–0.1 mg/kg s.c.).

**Transplantation of Islets for Metabolic Studies.** Mouse pancreatic islets were isolated as described earlier. Diabetes was induced in recipient C57BL/6 and athymic nude mice with a single i.v. injection of streptozotocin (200 mg/kg; Sigma). Streptozotocin was freshly resuspended in citrate buffer at 10 to 20 mg/mL and administered as a single bolus via tail vein injection based on the weight of the animals, to a final dose of 200 mg/kg (22, 47, 48). Morbidity or mortality associated with streptozotocin toxicity was ~5% and was generally observed within days after streptozotocin administration, possibly secondary to hepatic and renal toxicity in the setting or loss of insulin producing cells. Only animals in good conditions with nonfasting glycemic values >350 mg/dL received transplants. We transplanted 300 mouse islet equivalents into the anterior chamber of the right mouse eye. This provided an optimal  $\beta$ -cell mass. During the peritransplantation period, mice were supported with insulin pellets or insulin injections. After islet transplantation, normoglycemia helped maintain or increase body weight, suggesting full recovery from streptozotocin treatment. Manipulating and monitoring of the nervous input to islet grafts was started 3 mo after transplantation (i.e., long after any

putative toxic effects of streptozotocin treatment could confound the results), when grafts were fully reinnervated. Comparable islet numbers were transplanted under the kidney capsule of control mice. Plasma glucose levels were monitored daily after transplantation. We considered transplantation successful and islet grafts functional when glycemic values had reached <200 mg/dL in recipient mice (22, 47, 49). After diabetes induction with streptozotocin, nonfasting glycemia is generally indicated by measurements of >350 mg/dL and, in response to glucose challenge, the measurements reach values >600 mg/dL (22). The cutoff of 200 mg/dL allows determining the efficiency of transplanted islets to restore and maintain tight metabolic control. Our success rate with ocular transplantation is >90%. Mice that did not revert to normoglycemia were not included in the studies.

**Imaging of Islets in Mouse Eye.** For *in vivo* imaging, we transplanted islets from ChAT-GFP mice into ChAT-GFP mice. Imaging of islets *in vivo* in the anterior chamber of transplanted animals was performed as previously reported (22). Briefly, mice were anesthetized with ~2% isoflurane air mixture and placed on a heating pad, and the head was restrained with a headholder. The eyelid was carefully pulled back and the eye gently supported. For fluorescence confocal imaging, an upright DMLFSA microscope equipped with a TCS-SP2-AOBS confocal scanner (Leica Microsystems) was used for imaging, together with long-distance water-dipping lenses (10  $\times$  0.3 W, 20  $\times$  0.5 W, and 40  $\times$  0.8 W; HXC APO; Leica), by using Viscotears (Novartis) as an immersion liquid. GFP was excited at 488 nm (<43% acousto-optical tunable filter), and emission light was collected between 500 and 550 nm. Reflected light was imaged by illumination at 633 nm (<9% acousto-optical tunable filter) and collection between 630 and 639 nm. Postprocessing, analysis, and visualization of images were performed with Volocity (PerkinElmer) and Imaris software (Bitplane).

**Imaging of Pancreatic Tissue Slices.** Pancreatic tissue slices of ChAT-GFP mice of 150- $\mu$ m thickness were prepared as previously described (50). After slicing, the tissue was placed in a slice chamber on the stage of the confocal microscope, immersed in PBS solution, and imaged using the same parameters as described for *in vivo* imaging.

**Assessment of Metabolic Function.** We monitored graft function by measuring nonfasting glycemia using a portable glucometer (OneTouch; LifeScan). Tail blood samples (20  $\mu$ L) were taken for determination of plasma glucagon and insulin secretion in the nonfasting state in C57BL/6 and 129X1 mice and in diabetic nude mice transplanted with islets from C57BL/6 or 129X1 mice. Insulin and glucagon levels were also determined in C57BL/6 mice transplanted with intraocular C57BL/6 islets under ambient light conditions and in the dark. Hormone plasma levels were determined with the human or mouse Endocrine LINCOplex Kit (Linco) (51). The biomolecular assays were performed on a Bio-Plex protein array system (Bio-Rad). We performed GTTs after 12 to 16 h of fasting by measuring glycemic values on peripheral blood following i.p. injection of 2 g/kg glucose in saline solution. To exclude residual function of the native pancreas we removed the graft-bearing eye (enucleation) or kidney (nephrectomy) under general anesthesia (ketamine/xylazine). Atropine [1% atropine sulfate ophthalmic solution (wt/vol); Akorn], pilocarpine [1% pilocarpine hydrochloride ophthalmic solution (wt/vol); Akorn], or vehicle solution (PBS solution) was applied topically to the transplanted eye for 4 min, 30 min before the i.p. GTTs. To control for systemic effects, we applied atropine on one eye of nontransplanted mice. This treatment did not induce changes in glucose tolerance in these mice (Fig. S3).

**Statistical Analyses.** The differences between experimental groups were examined with unpaired and paired Student *t* tests when comparing two groups of data or a repeated-measures ANOVA followed by a Tukey multiple comparison test when comparing data of longitudinal studies.

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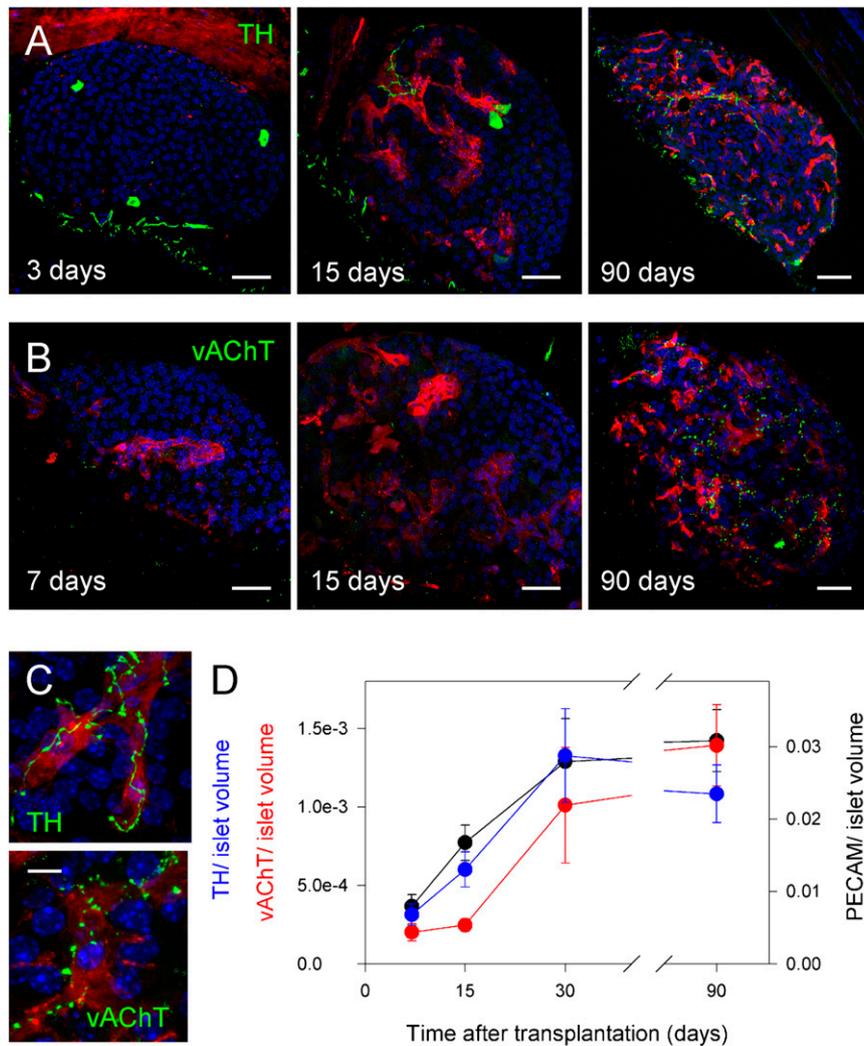
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# Supporting Information

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**Fig. S1.** Time course of reinnervation and revascularization of islets engrafted in the anterior chamber of the mouse eye. (A and B) Z-stacks of confocal images of intraocular islets grafts at different time points after transplantation show new blood vessel formation [platelet endothelial cell adhesion molecule (PECAM); red] and ingrowth of sympathetic axons (A) [tyrosine hydroxylase (TH); green] and parasympathetic axons (B) [vesicular acetylcholine transporter (vAChT); green]. (C) High-magnification Z-stack of confocal images of TH and vAChT axons (green) reinnervating the islet graft along ingrowing blood vessels (PECAM; red). (Scale bars: A and B, 20  $\mu\text{m}$ ; C, 5  $\mu\text{m}$ .) (D) Quantification of the time course of islet graft TH (blue symbols), vAChT (red symbols), and PECAM (black symbols) immunostaining at 0, 15, 30, and 90 d after transplantation.

